

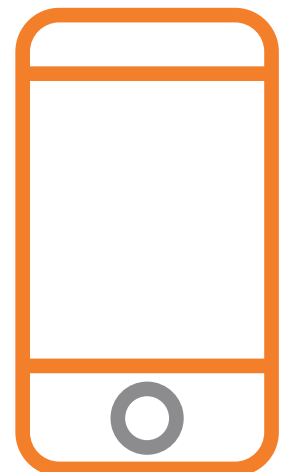
Telehealth |



FollowMyHealth[®] video visit

Android phone and tablet

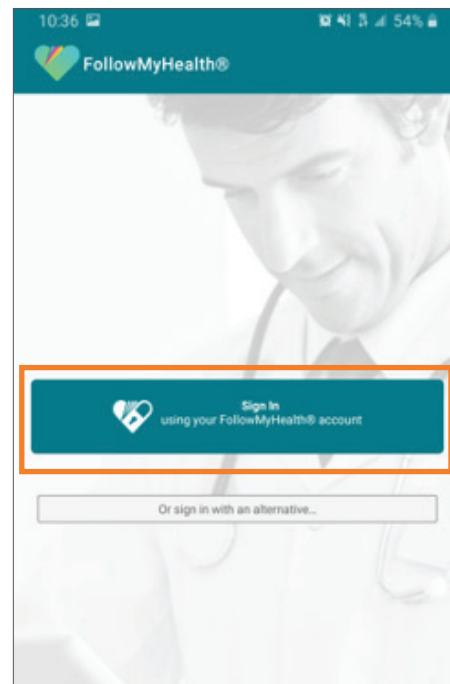
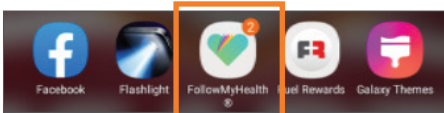
We want you to feel your best and receive the excellent care you deserve. However, we know sometimes it is not convenient to visit your doctor's office, and you may not feel well enough to come in for an appointment. A video visit allows you to see your doctor from the comfort and privacy of your home. You will not have to drive or find a ride to the clinic, battle traffic or wait for your appointment time.



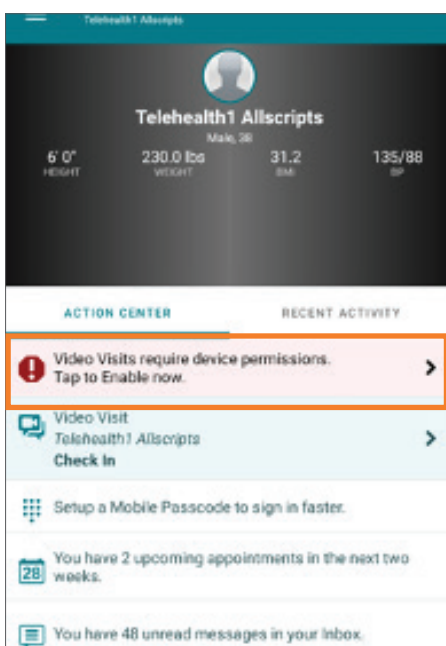
FollowMyHealth® video visit - Android phone and tablet: To schedule a video visit, simply call your provider's clinic and request a video visit with your provider. Once you have your visit scheduled, follow the below guide on how to join your video visit.

Step 1: Prior to your appointment you will receive alerts from the FollowMyHealth® app reminding you about your scheduled appointment. 15 minutes before your scheduled appointment, open the FollowMyHealth® app on your phone.

Step 2: Tap **Sign In** and enter your username and password.

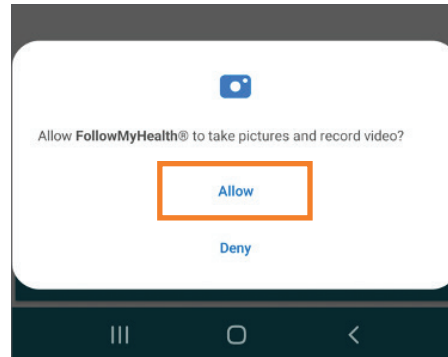
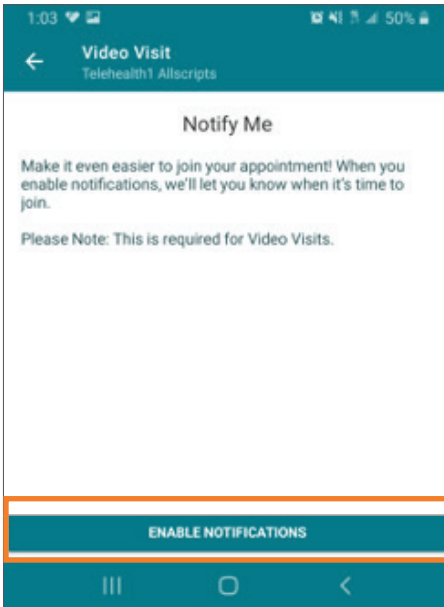


Step 3: If this is the first time you have used the FollowMyHealth® app, you may be required to allow the app to use your camera and microphone and to send you notifications. Tap the red alert saying **Video Visits require device permissions – Enable now.**



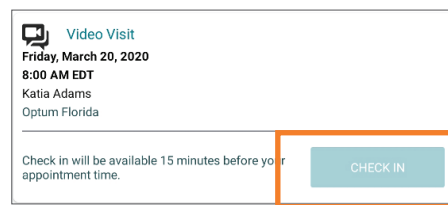
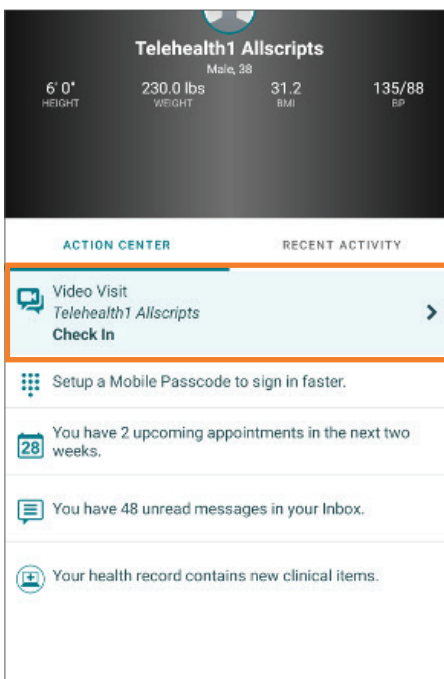
FollowMyHealth® video visit - Android phone and tablet (continued)

Step 4: Tap **Enable Notifications**. Make sure to tap **Allow** on all notifications. Once complete, you will be taken back to the home screen.



Step 5: 15 minutes prior to your appointment you will be able to check in. It is highly recommended that you check in as early as possible. Tap on the **Video Visit Check In** option on the home page.

Step 6: Tap **Check In** next to your appointment.



FollowMyHealth® video visit - Android phone and tablet (continued)

Step 7: To add any pictures you may want the doctor to see, tap on **Attach Files**. You can take a picture or select a picture already taken. If you do not want to add any pictures, tap **Next**.

Attachments

Would you like to attach any files? (.jpg, .jpeg, .png)

Attach File(s)

You can add up to 5 files, each up to 8MB in size.

NEXT

Step 8: Confirm your phone number is correct. If this needs to be changed, tap the phone number and enter in a new one.

Back Check In to Video Visit Cancel

PREFERRED CONTACT NUMBER

Country Code +1 (United States) >

Phone Number
(777) 222-5555

Best number to reach you for questions about this video visit.

PREFERRED PHARMACY

Tap to select a preferred pharmacy

What Pharmacy do you wish to use for this video visit?
Tap for more options.

Submit

Step 9: Tap to select a preferred pharmacy. Enter the zip code that your pharmacy is in and select it from the list. Once completed tap **Submit**.

Phone Number
(777) 222-5555

Best number to reach you for questions about this video visit.

PREFERRED PHARMACY

Tap to select a preferred pharmacy

What Pharmacy do you wish to use for this video visit?
Tap for more options.

Submit



Distance: 10 miles

Zip Code or Pharmacy Name
33702 SEARCH

MEDICINE SHOPPE
6401 9TH ST NORTH
ST PETERSBURG, Florida 33702
+1 727-527-5778

CVS/PHARMACY #0574
8001 9TH ST N
ST PETERSBURG, Florida 33702
+1 727-577-6888

PUBLIX #0688 GATEWAY MALL
7999 DR. MLK, JR. STREET NORTH
ST PETERSBURG, Florida 33702
+1 727-578-5335

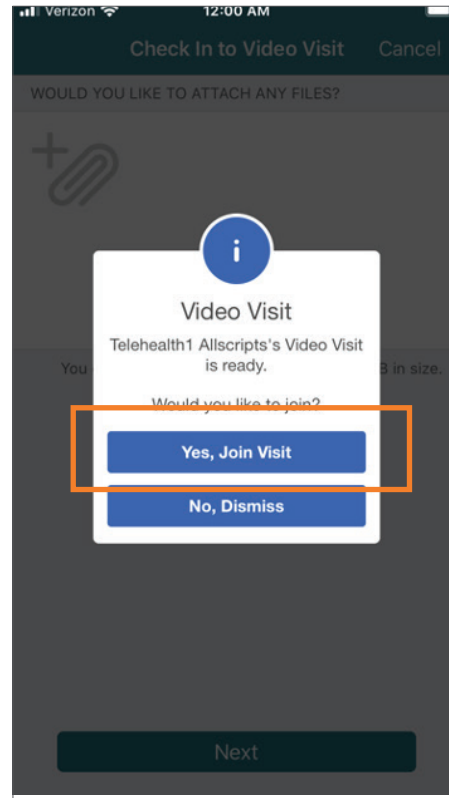
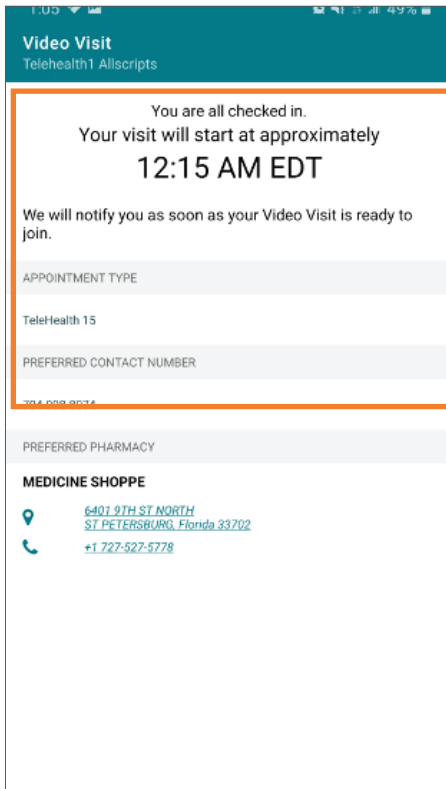
WALGREENS DRUG STORE #07827
7610 4TH ST N
SAINT PETERSBURG, Florida 33702
+1 727-525-1367

CVS 16495 IN TARGET
8151 DR MARTIN LUTHER KING ST N
ST PETERSBURG, Florida 33702
+1 727-576-3826







APEX CARE PHARMACY

FollowMyHealth® video visit - Android phone and tablet (continued)

Step 10: You are now checked in. The provider will be notified that you are ready and will join you as soon as possible. Once the provider has joined the visit, you will be asked to join them, tap **Yes, Join Visit**.



Step 11: You are now connected to the doctor. On your screen, you have audio and picture options, if you require them.

	The Microphone icon will turn your microphone on and off (mute).
	The Speaker icon will turn your speakers on and off.
	The Camera icon will turn your camera on and off.
	The Rotation Camera will change your camera (front or back camera).
	The Leave icon will allow you to leave the visit but come back.
	The End icon will end the visit.

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